



### 8 Reasons To Buy Nutritional Supplements From Us...

1. We're a Pro-Age company dedicated to supporting Healthy Vibrant Aging at Any Stage of Life!
2. We've Been Delivering Effective Health Products to our customers for over 24 years!
3. We Only Make products with ingredients that have been Proven Effective.
4. 365 Day Satisfaction Guarantee... So You Never Have To Worry!
5. Exclusive "VIP Rewards" Program is Just \$24.95
6. Veterans Get Our "Vets Rewards" Program (VRP) for FREE!
7. VIP's & VRP's Can Enjoy The "Sampling" Program
8. You Can Always Call to Speak To Our Friendly Knowledgeable Staff at 800-604-6766 or Email us: info@healthyhabits.com

## Health & Wellness Products Formulated for Vibrant Aging!

# NOW UP TO 67% OFF

## Get these same great prices online!

[www.HealthyHabits.com](http://www.HealthyHabits.com)

401 W. Baseline Rd.  
Suite 209  
Tempe, AZ 85283

# PRODUCT CATALOG



# SAVE UP TO 67%



# Be Your Best at Any Age

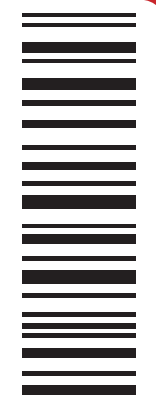
## Buy MORE and Get Our LOWEST Prices Ever

MOST PRODUCTS | NO LIMITS

# NEW

Claim Your FREE Ticket to the Healthy Habits.  
Customer Appreciation Quarterly Sweepstakes!

# \$10K GIVEAWAY BIG TICKET



## \$10,000 in Cash & Prizes ENTER TO WIN!

Get all the details inside!

UP TO  
**67% OFF**  
ALL PRODUCTS



**365 DAY SATISFACTION GUARANTEE**†: Take 365 days to evaluate our products with “No-Rush”. Simply call us to request your “No-Hassle Refund” within 90 days or full store credit after 90 days.

# Spotlight: Joint-Flex Maxum

## Patented Support for Better Joints in 14 Days

- Shellfish allergen-free (no glucosamine)
- Relieves Aches and Stiffness
- Increases Flexibility and Mobility
- Supports Overall Joint Health
- Enjoy Better Joints in 14 Days or Less
- Proven Effective in multiple clinical studies
- Vegetarian Friendly
- Patented Formula

Item#	Description	Retail	Sale	Per Unit	VIP Points
6038-12	12 Bottles	\$539.70	<b>\$350.81</b>	<b>\$29.23 ea</b>	<b>3510</b>
6038-6	6 Bottles	\$323.82	<b>\$210.48</b>	<b>\$35.08 ea</b>	<b>2110</b>
6038-3	3 Bottles	\$179.90	<b>\$116.94</b>	<b>\$38.98 ea</b>	<b>1170</b>
6038-1	1 Bottle	\$89.95	<b>\$58.47</b>	<b>\$58.47 ea</b>	<b>590</b>

Joint-Flex Maxum is the new Gold Standard in joint care! Our key active ingredient has multiple patents, is backed by multiple clinical studies, is proven safe, rapidly effective and is free from shellfish allergens and side effects!

The unique active ingredient in Joint-Flex Maxum is SierraSil®. In recent human trials, users reported experiencing significant improvements in joint comfort and mobility in as little as 14 days.

Joint-Flex Maxum is a superior and exciting alternative to all of the Old-School joint health products on the market that rely on the same old and tired formulations that use herbs, MSM and, or glucosamine ingredients.

If you're looking for a different and more effective solution to fixing your joint pain, discomfort and stiffness – then you have to try Joint-Flex Maxum.

We promise you'll start to see results - less aches & pains, more flexibility - in as little as 14 days. . . or your money back, Guaranteed!

Joint-Flex Maxum is compatible with almost any diet including vegan, Kosher, and gluten-free.



## Silver Defense



### Say Goodbye to Skeptics

Our Silver Defense formulation is an ultra-premium, nano (molecule sized) silver backed by multiple patents and hundreds of independent safety and efficacy studies. This “silver sol” form of silver has been demonstrated in multiple studies to be more effective than ionic or colloidal forms of silver.

#### Boost Immunity

Silver Defense liquid can be safely ingested and added to room humidifiers, inhalers and misters. Silver doesn't “poison” viruses, so a virus can't mutate to become resistant to the power of silver. Instead, nano-silver is a safe, natural substance that attaches itself to pathogenic microorganisms and stops them in their tracks by smothering them. Silver Defense doesn't harm your beneficial probiotic bacteria, and there is no risk of nano-silver turning your skin blue because it doesn't accumulate in the body. Order Silver Defense 8 oz. liquid & topical Gel today so you have it handy when you need it.

#### More than 100 Laboratory Tests Prove That Nano-Silver:

- **10 PPM of silver**
- **Safe, non-toxic, no adverse effects or contraindications**
- **Does not interfere with beneficial intestinal flora**

Item#	Description	Retail	Sale	Per Unit	VIP Points
8 oz Liquid					
1284-12	12 Bottles	\$379.50	<b>\$246.68</b>	<b>\$20.56 ea</b>	<b>2470</b>
1284-6	6 Bottles	\$227.70	<b>\$148.01</b>	<b>\$24.67 ea</b>	<b>1490</b>
1284-3	3 Bottles	\$126.50	<b>\$82.23</b>	<b>\$27.41 ea</b>	<b>830</b>
1284-1	1 Bottle	\$63.25	<b>\$41.11</b>	<b>\$41.11 ea</b>	<b>420</b>
1.5 oz Gel					
1285-12	12 Tubes	\$344.64	<b>\$224.02</b>	<b>\$18.67 ea</b>	<b>2250</b>
1285-6	6 Tubes	\$206.78	<b>\$134.41</b>	<b>\$22.40 ea</b>	<b>1350</b>
1285-3	3 Tubes	\$114.88	<b>\$74.67</b>	<b>\$24.89 ea</b>	<b>750</b>
1285-1	1 Tube	\$57.44	<b>\$37.34</b>	<b>\$37.34 ea</b>	<b>380</b>

*“I use silver defense for my sinus infections. It clears them up very well and I can breathe easily and freely with silver defense. Love this stuff!” - Juanita F.*

*“An excellent product often used by me to treat minor skin irritations and to prevent infections from occurring.” - Craig McNutt*

*“We have used Silver Defense for many years and are happy with how it helps us get over colds, flu etc and for our over all health.” - Ron S.*

*“I have used silver defense for several years. My dental hygienist amazed me by telling me I had little plaque. So I trust it to help in other ways.” - Harold Aasland*



# Healthy Skin

## Rejuv Crème with DermaTox® & Plant Stem Cell Technology

### Healthy Aging Skin Care Formula

This best-seller nourishes, protects and deeply hydrates skin. We've combined the soothing power of DermaTox® with the anti-aging benefits of plant stem cells to create our unique formula designed to diminish the appearance of wrinkles, fine lines and age spots. Your friends will be asking you what you've been doing to look so much younger. Comparable formulas sell for as much \$150.00 per ounce. Does Not contain sodium laurel sulfate, parabens, or propylene glycol.

This formula Has It All! You Get Powerful:

- Stem Cell Rejuvenators
- Anti-aging Resistem™
- Sodium Hyaluronate & NaPCA
- Organic Super-fruit Extracts
- DMAE & Alpha Lipoic Acid
- Organic botanical extracts & plant oils

Apply it after cleansing your face at night and again in the morning to enjoy better nourished, hydrated, and rejuvenated skin. For best results, apply following **Rejuv Vitamin C Serum** in the morning and **Rejuv Retinol Complex** at night.

Item#	Description	Retail	Sale	Per Unit	VIP Points
0139-12	12 Bottles	\$344.64	<b>\$224.02</b>	<b>\$18.67 ea</b>	<b>2250</b>
0139-6	6 Bottles	\$206.78	<b>\$134.41</b>	<b>\$22.40 ea</b>	<b>1350</b>
0139-3	3 Bottles	\$114.88	<b>\$74.67</b>	<b>\$24.89 ea</b>	<b>750</b>
0139-1	1 Bottle	\$57.44	<b>\$37.34</b>	<b>\$37.34 ea</b>	<b>380</b>



From  
**\$18.67**  
ea



*"This product is a miracle worker when it comes to keeping facial skin looking young and healthy." - Mary Stewart*

## Rejuv Retinol+ Complex

### For Younger, Healthier & More Radiant Skin

Our IMPROVED Rejuv Retinol+ Complex now delivers an impressive 1% retinol – double the potency – PLUS Hyaluronic Acid and Hydrolyzed Collagen. Dermatologists agree that Retinol boosts collagen & elastin, speeds up cellular regeneration, smooths wrinkles & nourishes the skin to make it look younger. For best results, apply before **Rejuv Crème with Plant Stem Cells** at night.

#### Proven Benefits Include:

- Erases age spots
- Boosts skin's elasticity
- Reverses signs of aging
- Improves skin tone
- Reduces wrinkle depth
- Prevents wrinkle formation

Item#	Description	Retail	Sale	Per Unit	VIP Points
6041-12	12 Bottles	\$344.64	<b>\$224.02</b>	<b>\$18.67 ea</b>	<b>2250</b>
6041-6	6 Bottles	\$206.78	<b>\$134.41</b>	<b>\$22.40 ea</b>	<b>1350</b>
6041-3	3 Bottles	\$114.88	<b>\$74.67</b>	<b>\$24.89 ea</b>	<b>750</b>
6041-1	1 Bottle	\$57.44	<b>\$37.34</b>	<b>\$37.44 ea</b>	<b>380</b>



*"Really great product! I am seeing less wrinkles, and an age spot I have had on my face for a long time is fading." - Brenda Marshall*

## DermaTox® Maximum Strength

### Let The Crystals Work For You

If you are looking for something unique in the world of skin care, check out DermaTox®, "The Pink Stuff." Exclusive to Healthy Habits®, this extraordinary formula possesses incredible abilities to naturally reinvigorate and rejuvenate skin cells. The DermaTox® manufacturing process is complicated, proprietary and proven over decades to be uniquely effective.

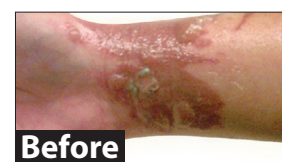
Our Customers tell us that they use DermaTox® daily to nourish and soothe their skin to keep it looking and feeling younger.

Item#	Description	Retail	Sale	Per Unit	VIP Points
<b>DermaTox® Combo Pack</b>					
2400	Combo	\$149.95	<b>\$97.47</b>	<b>\$97.47 ea</b>	<b>980</b>
<b>DermaTox® 4oz Spray</b>					
2020-12	12 Sprays	\$227.28	<b>\$147.73</b>	<b>\$12.31 ea</b>	<b>1480</b>
2020-6	6 Sprays	\$136.37	<b>\$88.64</b>	<b>\$14.77 ea</b>	<b>890</b>
2020-3	3 Sprays	\$75.76	<b>\$49.24</b>	<b>\$16.41 ea</b>	<b>500</b>
2020-1	1 Spray	\$37.88	<b>\$24.62</b>	<b>\$24.62 ea</b>	<b>250</b>
<b>DermaTox® 64oz Spray Refill</b>					
2016-12	12 Refills	\$744.90	<b>\$484.19</b>	<b>\$40.35 ea</b>	<b>4850</b>
2016-6	6 Refills	\$446.94	<b>\$290.51</b>	<b>\$48.42 ea</b>	<b>2910</b>
2016-3	3 Refills	\$248.30	<b>\$161.40</b>	<b>\$53.80 ea</b>	<b>1620</b>
2016-1	1 Refill	\$124.15	<b>\$80.70</b>	<b>\$80.70 ea</b>	<b>810</b>
<b>DermaTox® Ointment</b>					
2032-12	12 Ointments	\$379.50	<b>\$246.68</b>	<b>\$20.56 ea</b>	<b>2470</b>
2032-6	6 Ointments	\$227.70	<b>\$148.01</b>	<b>\$24.67 ea</b>	<b>1490</b>
2032-3	3 Ointments	\$126.50	<b>\$82.23</b>	<b>\$27.41 ea</b>	<b>830</b>
2032-1	1 Ointment	\$63.25	<b>\$41.11</b>	<b>\$41.11 ea</b>	<b>420</b>



Get **All 3** For Only **\$97.47** (Total 2400)

*"I have used this for years. It is a must have for me! It is good for so many things. In the bath, I use it to keep my ears open, for pain, itch. I use it as a facial toner, on bug bites, injuries, clears any skin irritation! I could go on and on. I love the 'pink stuff.'" - S. Riffle*



## Rejuv Vitamin C Serum

### Reveals Instantly Glowing & Vibrant Skin

This is one of our most effective and best loved skin products. Apply it at the beginning of each day to reveal healthy glowing skin immediately. Try it and you're guaranteed to love it – or your money back! Our Rejuv Vitamin C Serum includes a special form of vitamin C bound to glycerin shown to improve ceramide synthesis in skin which in turn helps strengthen your skin's surface against moisture loss, while supporting new collagen and elastin production. It is vital nutrition for beautiful healthy skin at any age.

- Quickly Improves the appearance skin
- Daily Hydration that helps skin look firm & healthy
- Helps visibly fade hyperpigmentation, age spots & melasma
- Safe & effective for the entire body, not only the face & neck

Item#	Description	Retail	Sale	Per Unit	VIP Points
6012-12	12 Bottles	\$379.50	<b>\$246.68</b>	<b>\$20.56 ea</b>	<b>2470</b>
6012-6	6 Bottles	\$227.70	<b>\$148.01</b>	<b>\$24.67 ea</b>	<b>1490</b>
6012-3	3 Bottles	\$126.50	<b>\$82.23</b>	<b>\$27.41 ea</b>	<b>830</b>
6012-1	1 Bottle	\$63.25	<b>\$41.11</b>	<b>\$41.11 ea</b>	<b>420</b>

From  
**\$20.56**  
ea



UP TO  
**67% OFF**  
ALL PRODUCTS



From  
**\$24.36 ea**

**BEST SELLER**



*I had insomnia for 22 years, I found that using the KinoTox pads at night has helped me sleep through the night as well as give me more energy during the day. Everyone should use them, only if to detox their body. It is a great product! —Nancy, FL*

*"I have used KinoTox Pads on my husband and myself for a few days now. I feel more energetic and I am amazed! I have six grandkids and I was able to walk for miles, cook dinner, and still have energy to spare!" - M.G., NJ*



**BEFORE**

**AFTER**

*Kinotox pads work, work, work!!! I use them for one week and and go off for one week. I can really feel them working! —Traudy, CA*

*I didn't think the KinoTox pads were working for me until I used when my feet were swollen. I tried everything and nothing would work and I put them on my feet and the next day the swelling went down! These KinoTox pads are amazing! —Liselotte, MA*

## KinoTox® Pads

### Cleanse While You Sleep

We all have hundreds of man-made chemicals in our bodies, much of which our normal healthy elimination processes cannot adequately remove. Nearly everything we are exposed to contributes to this toxic load.

Toxins undermine our health by stressing our cellular, biochemical, and organ functions. As toxins continue to accumulate, they can trigger the breakdown of our immune system and major organs. Unfortunately, toxins are unavoidable. They pose a serious threat to the quality of our health.

For effective natural immunity and optimal health, the body needs to maintain a balance between absorption of nutrients and excretion of wastes and toxins. Common sense indicates that the sooner we remove naturally excreted toxins through the skin the better it is for our immunity and health.

### KinoTox Promise

KinoTox® Pads expedite the absorption through the skin of naturally excreted toxins. Healthy Habits was first to import pads with this formula over 15 years ago and they remain one of our top reordered products because they work!

### Benefits of KinoTox Pads may include:

- Improved heart health
- Reduced aches & pains
- Improved quality of sleep
- Improved digestive tract health
- Rejuvenated skin and appearance
- Healthier kidneys, liver, and pancreas
- Increased lung and breathing capacity

### Ingredient

Agaricus Mushroom, Eucalyptus Tree Vine Vinegar, Bamboo Vinegar, Tourmaline, Chitosan, Saururus Chininsus, Houltuynia Cordata, Oak Vinegar. Each box contains 10 pads.

### WARNING: Avoid cheap & worthless copycat products

Item#	Description	Retail	Sale	Per Unit	VIP Points
2004-12	12 Boxes	\$449.70	<b>\$292.31</b>	<b>\$24.36 ea</b>	<b>2930</b>
2004-6	6 Boxes	\$269.82	<b>\$175.38</b>	<b>\$29.23 ea</b>	<b>1760</b>
2004-3	3 Boxes	\$149.90	<b>\$97.44</b>	<b>\$32.48 ea</b>	<b>980</b>
2004-1	1 Boxes	\$74.95	<b>\$48.72</b>	<b>\$48.72 ea</b>	<b>490</b>

## Premium Multi-Collagen Peptides

### Repair and Rejuvenate by Replacing Lost Collagen!

Experts recognize collagen as the closest thing we have to a "fountain of youth". Our joints, connective tissues, muscles, fascia, hair, skin, nails, teeth, gums, bones, and even the cornea of our eyes are comprised of this essential protein.

Collagen peptides signal the body to manufacture more collagen and hyaluronic acid—a natural substance that supports joint lubrication and enhanced hydration throughout the body.

Our unflavored Premium Multi-Collagen Peptides powder contains all five types of collagen, sourced from beef, chicken, fish, and eggshell membrane - nourishing all areas of your body at the same time.

This product is sourced from non-GMO, pasture-raised, cage-free, and cruelty-free sources.

- Weight loss & enhanced metabolism\*
- Joint function & cartilage integrity\*
- Improves sleep quality\*
- Speeds healing and recovery from injury\*

Item#	Description	Retail	Sale	Per Unit	VIP Points
1048-12	12 Tubs	\$449.70	<b>\$292.31</b>	<b>\$24.36 ea</b>	<b>2930</b>
1048-6	6 Tubs	\$269.82	<b>\$175.38</b>	<b>\$29.23 ea</b>	<b>1760</b>
1048-3	3 Tubs	\$149.90	<b>\$97.44</b>	<b>\$32.48 ea</b>	<b>980</b>
1048-1	1 Tub	\$74.95	<b>\$48.72</b>	<b>\$48.72 ea</b>	<b>490</b>

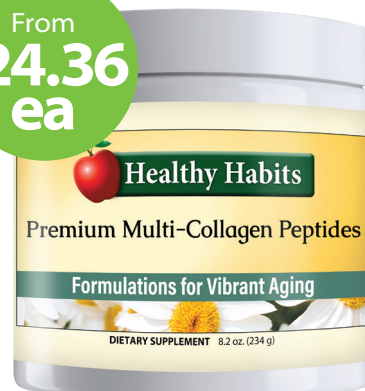
*Nails have become stronger since I started using this product. - D. Parfitt*

*I started using this collagen after experiencing major hair loss from COVID. I mean MAJOR!! Within 2 weeks I started seeing new hair growth ALL OVER my head!! - B. Mangus*

*"My skin feels more hydrated and soft especially on my arms. I also gave my Mother a jar to try and she experienced much the same results. Highly recommend." - Angela S.*

*Love the collagen. I mix it with my tea every morning. I used other brands but this by for my favorite. - J. Mason*

From  
**\$24.36 ea**



## Never tried Greenergy+ ?

We want you to Give It A Try On Us!

We know it works & that you'll love it.  
Just pay \$9.95 for S&H  
and we'll send you a free canister!

Use coupon code: TRYGP

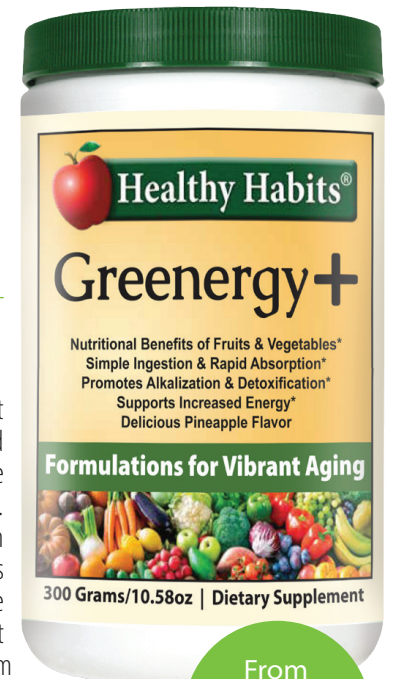
## Greenergy+

### Cleanse Your Blood, Nourish Your Body, Boost Your Energy

For optimal health and consistent high energy, our bodies benefit from daily detoxification. Green foods contain chlorophyll (stored sunlight) which helps red blood cells deliver oxygen throughout the body. One result of improved oxygenation is the elimination of toxins. Experts agree that daily supplementation with a chlorophyll-rich superfoods powder, such as our new and improved Greenergy+, is an effective and affordable way to help your body to gently eliminate toxins. Greenergy+ provides significantly more than just greens. It is loaded with concentrated and easily assimilated nutrition from fruits, vegetables (such as beet root powder), tonic herbs, cell-protective antioxidants, plant-sourced enzymes, and probiotics to support your healthy gut, your immune system, and a more cheerful disposition. Greenergy+ is an ideal tonic to start your morning, or as a mid-afternoon pick-me-up. It is nearly impossible to obtain such high-quality nutrition from eating normal meals. Plus, Greenergy+ is delicious!

Item#	Description	Retail	Sale	Per Unit	VIP Points
1269-12	12 Tubs	\$599.70	<b>\$389.81</b>	<b>\$32.48 ea</b>	<b>3900</b>
1269-6	6 Tubs	\$359.82	<b>\$233.88</b>	<b>\$38.98 ea</b>	<b>2340</b>
1269-3	3 Tubs	\$199.90	<b>\$129.94</b>	<b>\$43.31 ea</b>	<b>1300</b>
1269-1	1 Tub	\$99.95	<b>\$64.97</b>	<b>\$64.97 ea</b>	<b>650</b>

From  
**\$32.48 ea**



*"Actually I'm surprised I love it as I have used MANY green powders in the last 20 years! I will stay with this one!" - Dawn A.*

## Natural Cleanse +

### Fix Your Digestive Health

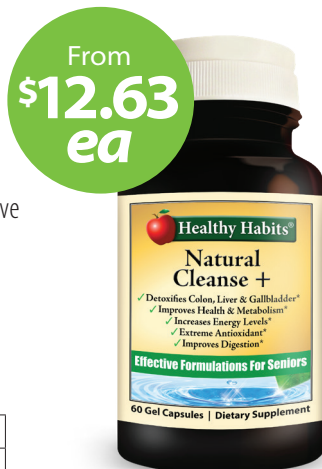
Proven effective & safe, this product is an all-natural alternative to pharma drugs and laxatives. The secret is 4 key synergistic plant ingredients that have been used for 100's of years to improve digestive health.

- **Detoxify Colon, Liver, and Gallbladder**
- **Improve Digestive Tract Health**
- **Increase Energy**
- **Improve Over-all Gut Health**

Item#	Description	Retail	Sale	Per Unit	VIP Points
1259-12	12 Bottles	\$275.64	<b>\$179.17</b>	<b>\$14.93 ea</b>	<b>1800</b>
1259-6	6 Bottles	\$165.38	<b>\$107.50</b>	<b>\$17.92 ea</b>	<b>1080</b>
1259-3	3 Bottles	\$91.88	<b>\$59.72</b>	<b>\$19.91 ea</b>	<b>600</b>
1259-1	1 Bottle	\$45.94	<b>\$29.86</b>	<b>\$29.86 ea</b>	<b>300</b>

*"This product is amazing! It does its job without any discomfort! I've tried many other products and have never gotten these speedy, cramp free results! I give it the highest marks I can!!" - D. McIntyre*

*This product works really well for me. I use to feel sluggish when I would get out of bed in the morning, but after 2 weeks of using Natural Cleanse I started to notice a huge increase in my energy level. Anyone out there with weak bowel movements should definitely give this excellent product a try. I absolutely love Natural Cleanse and will continue to use this product for the rest of my life. - J. Lopez*



*This is the best natural cleanser I have ever used. I will continue to use it. - S. Darnell*

## Beta Glucan 1,3/1,6

### Immune System Strength Like Never Before

Beta Glucan 1,3/1,6 – is a powerful immune modulator; in fact, it is one of the safest and most impressive allies in regaining healthy immune function (that is also safe for those with autoimmune issues). This natural source of polysaccharides is shown in hundreds of studies to be highly effective for both immunodeficiency problems and autoimmune disorders. The Beta Glucan particles travel throughout the body helping create more macrophages to surround and destroy invaders.

Beta Glucans have such precise effects that the type used must fit like a key in a lock. The quality and sources of Beta Glucan vary widely, and studies show that you'll benefit most from choosing one made from baker's yeast extract (*saccharomyces cerevisiae*).

- **Supports Healthy Immune Function\***
- **Supports Cellular Defense\***
- **Safe for Autoimmune Issues\***
- **Acts as a Prebiotic\***
- **Supports Healthy Cholesterol\***
- **Supports Healthy Response to Inflammation\***
- **Supports Healthy Aging\***
- **Supports Healthy Response to Mild Stress\***

Item#	Description	Retail	Sale	Per Unit	VIP Points
1035-12	12 Bottles	\$413.64	<b>\$268.87</b>	<b>\$22.41 ea</b>	<b>2690</b>
1035-6	6 Bottles	\$248.18	<b>\$161.32</b>	<b>\$26.89 ea</b>	<b>1620</b>
1035-3	3 Bottles	\$137.88	<b>\$89.62</b>	<b>\$29.87 ea</b>	<b>900</b>
1035-1	1 Bottle	\$68.94	<b>\$44.81</b>	<b>\$44.81 ea</b>	<b>450</b>

*I had eczema which started on my hands, then went to both arms up to the elbows, then was all over my back. I tried different creams but nothing helped the itchiness, dryness, bleeding. It stayed active for 8 months. Then I tried your Beta Glucan. All that eczema was completely gone and didn't come back at all. It's a God-send!!! Thank you! - E. Batista-Santiago*



*I started taking Beta Glucans years ago, and I know it assists my immune system. I can tell you that I NEVER get sick. No colds, no flu, no coughs. I used to get sick every November with bronchitis and it would last 2 months before cough would dissipate! No winter illnesses in several years. I will never be without this product! - L. Scheinoha*

*Incredible! Gave me so much energy. The best!!! - L. Stevens*

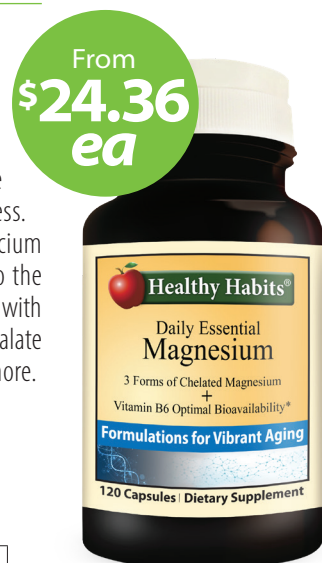
## Daily Essential Magnesium

### The Most Important Mineral for Seniors

Magnesium (Mg) is essential for the healthy function of your heart, brain, liver, plus every muscle and nerve, and over 300 processes throughout your body! Most people are Mg deficient, even when they are supplementing with Mg-- due to taking the wrong kind. The cheap forms of Mg found in most drug store brands are almost useless. Often, Mg is combined with calcium in a formula for bones, but calcium competes with magnesium for absorption when taken together, so the magnesium is mostly excreted. Daily Essential Magnesium was created with three of the best assimilated forms of Mg: the glycinate, citrate, and malate delivery systems, plus vitamin B6 to boost your assimilation even more.

- **Muscle cramping**
- **Fading memory**
- **Neck & back pain**
- **Osteoporosis**
- **High blood pressure**
- **Headaches**
- **Chronic Fatigue**
- **Anxiety**

Item#	Description	Retail	Sale	Per Unit	VIP Points
6010-12	12 Bottles	\$449.70	<b>\$292.31</b>	<b>\$24.36 ea</b>	<b>2930</b>
6010-6	6 Bottles	\$269.82	<b>\$175.38</b>	<b>\$29.23 ea</b>	<b>1760</b>
6010-3	3 Bottles	\$149.90	<b>\$97.44</b>	<b>\$32.48 ea</b>	<b>980</b>
6010-1	1 Bottle	\$74.95	<b>\$48.72</b>	<b>\$48.72 ea</b>	<b>490</b>



## Smart + Memory & Cognition

### Supports Healthy Brain Aging

A powerful blend of botanicals, antioxidants, vitamins, minerals, amino acids and specialized nutrients with only one goal in mind: to support healthy brain function so that you retain your long- and short-term memory for the rest of your life.

Formulated to deliver nutrients proven to benefit brain function and support healthy blood sugar levels—a major factor in age-related memory loss.

Item#	Description	Retail	Sale	Per Unit	VIP Points
1026-12	12 Bottles	\$344.64	<b>\$224.02</b>	<b>\$18.67 ea</b>	<b>2250</b>
1026-6	6 Bottles	\$206.78	<b>\$134.41</b>	<b>\$22.40 ea</b>	<b>1350</b>
1026-3	3 Bottles	\$114.88	<b>\$74.67</b>	<b>\$24.89 ea</b>	<b>750</b>
1026-1	1 Bottle	\$57.44	<b>\$37.34</b>	<b>\$37.34 ea</b>	<b>380</b>



## Healthy Heart & Bones D3 + K2

### Immune Support Plus Protection for Heart & Bones

Vitamin D3 is essential for a strong immune system & much more. Better outcomes occur with optimized vitamin D levels (50+ ng/ml in a blood test). Vitamin K2 with D3 assures that calcium is properly distributed.

Item#	Description	Retail	Sale	Per Unit	VIP Points
2035-12	12 Bottles	\$379.50	<b>\$246.68</b>	<b>\$20.56 ea</b>	<b>2470</b>
2035-6	6 Bottles	\$227.70	<b>\$148.01</b>	<b>\$24.67 ea</b>	<b>1490</b>
2035-3	3 Bottles	\$126.50	<b>\$82.23</b>	<b>\$27.41 ea</b>	<b>830</b>
2035-1	1 Bottle	\$63.25	<b>\$41.11</b>	<b>\$41.11 ea</b>	<b>420</b>



*"Labs were better on my vitamin d levels since taking d3 k2." - Neoma Welsh*

*"This is a great product. Thank you." - Adriana S.*

# New and Improved Formulas

## Rejuv Retinol+ Complex

### For Younger, Healthier & More Radiant Skin

Our IMPROVED Rejuv Retinol+ Complex now delivers an impressive 1% retinol – double the potency – PLUS Hyaluronic Acid and Hydrolyzed Collagen. Dermatologists agree that Retinol boosts collagen & elastin, speeds up cellular regeneration, smooths wrinkles & nourishes the skin to make it look younger. For best results, apply before **Rejuv Crème with Plant Stem Cells** at night.

#### Proven Benefits Include:

- Erases age spots
- Boosts skins elasticity
- Reverses signs of aging
- Improves skin tone
- Reduces wrinkle depth
- Prevents wrinkle formation

From  
**\$18.67**  
*ea*



Item#	Description	Retail	Sale	Per Unit	VIP Points
6041-12	12 Bottles	\$344.64	<b>\$224.02</b>	<b>\$18.67 ea</b>	<b>2250</b>
6041-6	6 Bottles	\$206.78	<b>\$134.41</b>	<b>\$22.40 ea</b>	<b>1350</b>
6041-3	3 Bottles	\$114.88	<b>\$74.67</b>	<b>\$24.89 ea</b>	<b>750</b>
6041-1	1 Bottle	\$57.44	<b>\$37.34</b>	<b>\$37.44 ea</b>	<b>380</b>

*"Really great product! I am seeing less wrinkles, and an age spot I have had on my face for a long time is fading." - Brenda Marshall*

## G2 Maxum

### Energy, Focus & Immunity

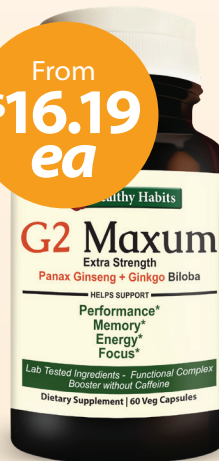
G2 Maxum is one of the most powerful energy and focus formulas available – containing 1000mg of Xanax Ginseng (10% Ginsenosides) and 60mg of Ginkgo Biloba.

This potent pairing of Panax Ginseng and Ginkgo Biloba supports healthy energy levels, physical endurance, improved mental performance and libido.

Ginseng contains powerful antioxidant compounds not found in any other plant, with adaptogenic properties that support strong immunity and physical stamina to support a healthy state of mind and body.

- Energy, Endurance and Stamina.
- Immunity Support
- Boost Passion and Libido
- Healthy Blood Circulation
- Enhance Cognition and Memory

From  
**\$16.19**  
*ea*



Item#	Description	Retail	Sale	Per Unit	VIP Points
6036-12	12 Bottles	\$298.80	<b>\$194.22</b>	<b>\$16.19 ea</b>	<b>1950</b>
6036-6	6 Bottles	\$179.28	<b>\$116.53</b>	<b>\$19.42 ea</b>	<b>1170</b>
6036-3	3 Bottles	\$99.60	<b>\$64.74</b>	<b>\$21.58 ea</b>	<b>650</b>
6036-1	1 Bottle	\$49.80	<b>\$32.37</b>	<b>\$32.37 ea</b>	<b>330</b>

CAUTION: This is a very powerful formulation. As with any supplement product that you may have questions about, please visit the product page on our website to read the Q&A's and to learn about the contraindications.

## NitrOx Maxum

### Maximum Strength Nitric Oxide Precursor

Nitric oxide (NO) is one of the most important molecules for blood vessel health because it increases blood flow.

Healthy Habits' new NitrOx Maxum is one of the most powerful NO products you will find anywhere. When taken as directed, NitrOx Maxum may be exactly what you have been looking for in order to perform and feel your very best.

Item#	Description	Retail	Sale	Per Unit	VIP Points
6006-12	12 Bottles	\$524.64	<b>\$341.02</b>	<b>\$28.42 ea</b>	<b>3420</b>
6006-6	6 Bottles	\$314.78	<b>\$204.61</b>	<b>\$34.10 ea</b>	<b>2050</b>
6006-3	3 Bottles	\$174.88	<b>\$113.67</b>	<b>\$37.89 ea</b>	<b>1140</b>
6006-1	1 Bottle	\$87.44	<b>\$56.84</b>	<b>\$56.84 ea</b>	<b>570</b>

\* Excessive NO is undesirable, and side effects of too much may include temporary confusion, sweating, blurred vision, unusual weakness or fatigue, dizziness, lightheadedness or feeling faint.

From  
**\$24.05**  
*ea*



## ED Defender +

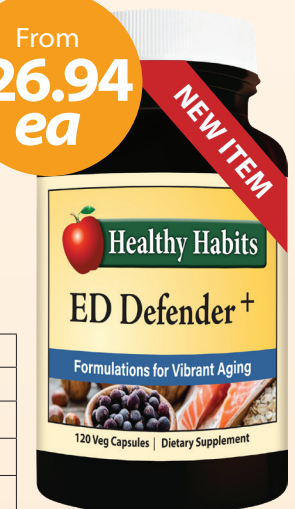
### Fast Effective Relief for ED Challenges

If you're looking for a natural solution to boost your stamina, confidence, and performance, then look no further than our premium ED Support Formula – ED Defender +. This dietary supplement is crafted with powerful, natural ingredients to support healthy blood flow, energy, and vitality.

Feel empowered, energized, and confident with each capsule of this carefully formulated blend.

Item#	Description	Retail	Sale	Per Unit	VIP Points
6040-12	12 Bottles	\$587.70	<b>\$382.01</b>	<b>\$31.83 ea</b>	<b>3,830</b>
6040-6	6 Bottles	\$352.62	<b>\$229.20</b>	<b>\$38.20 ea</b>	<b>2,300</b>
6040-3	3 Bottles	\$195.90	<b>\$127.34</b>	<b>\$42.45 ea</b>	<b>1,280</b>
6040-1	1 Bottle	\$97.95	<b>\$63.67</b>	<b>\$63.67 ea</b>	<b>640</b>

From  
**\$26.94**  
*ea*



## Vision Max Plus

### Nutritional Support for Your Eyes~ Essential for All Adults

To maintain good vision, specific nutrients are needed at higher levels than the RDAs. This is according to National Eye Institute studies funded by the U.S. government. Vision Max Plus nourishes the eyes with an effective blend of vitamins A, C, & E, NAC, quercetin, zinc, copper, alpha lipoic acid, eyebright, lutein, & zeaxanthin and more-- in effective doses for optimal eye health. Vision Max helps support all eye health issues & is a customer favorite. You will see the difference.

Item#	Description	Retail	Sale	Per Unit	VIP Points
1034-12	12 Bottles	\$539.70	<b>\$350.81</b>	<b>\$29.23 ea</b>	<b>3510</b>
1034-6	6 Bottles	\$323.82	<b>\$210.48</b>	<b>\$35.08 ea</b>	<b>2110</b>
1034-3	3 Bottles	\$179.90	<b>\$116.94</b>	<b>\$38.98 ea</b>	<b>1170</b>
1034-1	1 Bottle	\$89.95	<b>\$58.47</b>	<b>\$58.47 ea</b>	<b>590</b>

From  
**\$24.74**  
*ea*





## Aloe Relief

### Organic Whole Leaf Aloe Juice

Aloe Vera is a one of the most respected & valued plant medicines in the world. It is an effective natural pain reliever & tissue healer. The whole leaf delivers more than 75 known active components.

One of these is salicylic acid, which has been shown to disrupt the production of inflammation-causing hormones & provides an analgesic effect, thereby reducing pain. It contains healing enzymes, including bradykinase, which inactivates a chemical that contributes to chronic pain and inflammation. It also naturally inhibits COX-2, an enzyme that causes inflammation. Digestive health is another area where relief may be quickly evident, according to clinical studies on patients with stomach ulcers & other ailments involving inflammation of the gastrointestinal tract. It is frequently used to soothe heartburn, too.

In many parts of the world aloe vera is a traditional remedy for diabetes mellitus. Studies show that whole leaf aloe vera gel may safely decrease & control blood glucose levels & sugar spikes in people with Type 2 diabetes & pre-diabetes.

Aloe Relief from Healthy Habits® is organically grown & preservative-free, making it the highest quality aloe product available!

Item#	Description	Retail	Sale	Per Unit	VIP Points
1079-12	12 Bottles	\$380.34	<b>\$247.22</b>	<b>\$20.60 ea</b>	2480
1079-6	6 Bottles	\$228.20	<b>\$148.33</b>	<b>\$24.72 ea</b>	1490
1079-3	3 Bottles	\$126.78	<b>\$82.41</b>	<b>\$27.47 ea</b>	830
1079-1	1 Bottle	\$63.39	<b>\$41.20</b>	<b>\$41.20 ea</b>	420



From  
**\$20.60**  
ea

## Ionic Silica (liquid) Collagen Booster

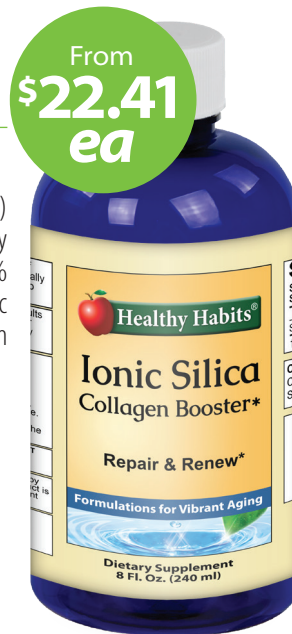
### Rejuvenate Skin, Joints & Hair

Ionic Silica is essential for proper collagen production (and more!) inside your body. People over 40 should supplement daily with highly absorbable Ionic Silica to look & feel more youthful. Ionic Silica is 98% assimilable for optimal bio-availability. For better & faster results, Ionic Silica Collagen Booster partners perfectly with Premium Multi-Collagen Peptides. Vegan-friendly.

- **Beautiful, hydrated, and healthy-looking skin**
- **Strong and healthy bones, nails, hair, teeth, and gums**
- **Maintains and repairs cartilage and promotes joint health**
- **Strong and flexible connective tissues**
- **Faster healing from injuries**

Item#	Description	Retail	Sale	Per Unit	VIP Points
1051-12	12 Bottles	\$413.64	<b>\$268.87</b>	<b>\$22.41 ea</b>	2690
1051-6	6 Bottles	\$248.18	<b>\$161.32</b>	<b>\$26.89 ea</b>	1620
1051-3	3 Bottles	\$137.88	<b>\$89.62</b>	<b>\$29.87 ea</b>	900
1051-1	1 Bottle	\$68.94	<b>\$44.81</b>	<b>\$44.81 ea</b>	450

*"My wife had recent back surgery. Her healing of the surgical wound healed faster." - Gordon L.P.*



From  
**\$22.41**  
ea

*"Not having problems with my knees like I did before taking it. My hip feels great also." - Rosa S.*

*"I use ionic silica to support healthy hair and nails. I am 70 years old and my hair tends to thin out." - Dorothy Carol S.*

## Revigorate (formerly GH3 Maxum)

### Look Younger & Feel Younger

Feel and look younger, happier, & healthier with GH3 Maxum, a natural version of the world renowned Gerovital H3 (GH3) from Romania. Our customers report fantastic results and confidently reorder this product year after year. GH3 Maxum supports healthy aging with ingredients designed to mimic the metabolites of Dr. Aslan's original version. Healthy Habits® proprietary GH3 Maxum formula offers additional benefits of supercharged antioxidants, amino acids, & essential vitamins & minerals. Give GH3 Maxum at least a 3-month period of use before making a final judgment. A 6-month evaluation is even better; it takes time for the body to go through its "cell regeneration" process to support healthy longevity.

Item#	Description	Retail	Sale	Per Unit	VIP Points
1160-12	12 Bottles	\$539.70	<b>\$350.81</b>	<b>\$29.23 ea</b>	3510
1160-6	6 Bottles	\$323.82	<b>\$210.48</b>	<b>\$35.08 ea</b>	2110
1160-3	3 Bottles	\$179.90	<b>\$116.94</b>	<b>\$38.98 ea</b>	1170
1160-1	1 Bottle	\$89.95	<b>\$58.47</b>	<b>\$58.47 ea</b>	590

From  
**\$29.23**  
ea



## PureFect Beetroot

PureFect Beetroot capsules are a perfect daily superfood; and you don't need much. Just two capsules taken once a day can have beneficial effects on your energy level, blood flow, and liver. May help support:

- **Supports Healthy Blood Pressure**
- **Improves Physical Performance**
- **Aids Healthy Circulation**

Item#	Description	Retail	Sale	Per Unit	VIP Points
1087-12	12 Bottles	\$298.80	<b>\$194.22</b>	<b>\$16.19 ea</b>	1950
1087-6	6 Bottles	\$179.28	<b>\$116.53</b>	<b>\$19.42 ea</b>	1170
1087-3	3 Bottles	\$99.60	<b>\$64.74</b>	<b>\$21.58 ea</b>	650
1087-1	1 Bottle	\$49.80	<b>\$32.37</b>	<b>\$32.37 ea</b>	330



From  
**\$16.19**  
ea



UP TO  
**67% OFF**  
ALL PRODUCTS

## BioVitale-H2O®

### Instantly Healthier & Purer Water

There is no pure water. Only at birth, within our cells, is water found in its pure state. However due to exposure to stress, pollutants and radiation water loses its original geometric properties and begins to destabilize. However, water is responsible for all interactions that control cell behavior and ultimately dictates the state of well-being. Water provides the medium to make life-sustaining reactions possible. In short, the chemistry of life is water chemistry.

Healthy Habits® BioVitale-H2O® is leading edge technology. BioVitale-H2O® has no competition. There many more molecules in BioVitale-H2O® water clusters and the clusters have a stronger bond. Considering this, we can begin to see how the unique properties of BioVitale-H2O® are unparalleled and essential to purifying our body and the environment. Add BioVitale-H2O® to all fluids consumed.

Benefits of BioVitale-H2O®:

- **Nutrient Absorption.**
- **DNA & Cellular Support**
- **Healthy Diffusion & Homeostasis Support**
- **Blood Plasma Support**
- **Brain & Nerve Support**

Item#	Description	Retail	Sale	Per Unit	VIP Points
1001-12	12 Bottles	\$275.64	<b>\$179.17</b>	<b>\$14.93 ea</b>	1800
1001-6	6 Bottles	\$188.87	<b>\$107.50</b>	<b>\$17.92 ea</b>	1080
1001-3	3 Bottles	\$91.88	<b>\$59.72</b>	<b>\$19.91 ea</b>	600
1001-1	1 Bottle	\$45.94	<b>\$29.86</b>	<b>\$29.86 ea</b>	300



From  
**\$14.93 ea**

Electron Activated  
Crystalline  
Structured  
Water!

**BEST SELLER**

*"A wonderful product! I use it for myself, flowers, in my Keurig and for everything that needs water! I feel good and my plants grow better!! Thank you for this product!!" - S. Riffle*

## Striction BP

### Combat High Blood Pressure Safely & Affordably

StrictionBP is a clinically focused heart health supplement that was developed to deliver an all-natural option to people that want to effectively combat high blood pressure in an inexpensive manner.

The primary active ingredient is the active compound that's found within Ceylon cinnamon. It's both antioxidant-rich and a fantastic daily supplement for promoting a healthy inflammation response in the body. To maximize the heart health benefits of StrictionBP we combined the Ceylon Cinnamon with Magnesium and Vitamin B6. This gives StrictionBP an unprecedented 1-2-3 knock-out punch to High Blood Pressure.

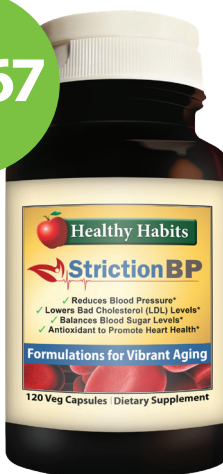
Supports Comprehensive Heart Health including Healthy:

- **Systolic & Diastolic Pressure**
- **Cholesterol & Blood Sugar**

Item#	Description	Retail	Sale	Per Unit	VIP Points
0485-12	12 Bottles	\$344.64	<b>\$224.02</b>	<b>\$18.67 ea</b>	2250
0485-6	6 Bottles	\$206.78	<b>\$134.41</b>	<b>\$22.40 ea</b>	1350
0485-3	3 Bottles	\$114.88	<b>\$74.67</b>	<b>\$24.89 ea</b>	750
0485-1	1 Bottle	\$57.44	<b>\$37.34</b>	<b>\$37.34 ea</b>	380

**BEST SELLER**

From  
**\$18.67 ea**



*"Love the product my blood pressure is normal & I lost weight using it! I would recommend using StrictionBP to my Friends!!" - A. Tulino*

*"Blood pressure is going down." M. Yates 04/12/2020*

## CoQ10 Ubiquinone

### Essential Heart Fuel for People Over 30

Few nutrients are as vital to your heart and health as Coenzyme Q10 (CoQ10). It is used by the mitochondria ("power plants") of your cells to produce cellular energy, and also acts as a powerful antioxidant. It makes sense that the highest concentrations of CoQ10 are found in the heart and the other organs that never rest, since they need it most. As we age, our reserves of this vital nutrient rapidly decline. You will likely notice more energy and stamina, improved periodontal health, and overall improvement in how you feel. One capsule provides 200 mg. of the best-researched form of CoQ10.

CoQ10 Ubiquinone Supports:

- **Improved insulin sensitivity**
- **Improved energy & stamina**
- **Essential for People Taking Statin Drugs**
- **A healthy heart and brain**
- **Protection of lung tissue**
- **Improved periodontal health**
- **Improved exercise performance & much more**

Item#	Description	Retail	Sale	Per Unit	VIP Points
1028-12	12 Bottles	\$379.50	<b>\$246.68</b>	<b>\$20.56 ea</b>	2470
1028-6	6 Bottles	\$227.70	<b>\$148.01</b>	<b>\$24.67 ea</b>	1490
1028-3	3 Bottles	\$126.50	<b>\$82.23</b>	<b>\$27.41 ea</b>	830
1028-1	1 Bottle	\$63.25	<b>\$41.11</b>	<b>\$41.11 ea</b>	420

From  
**\$20.56 ea**



**NOTE:** If you're taking a statin drug be sure to add CoQ10 to your regimen since statins block CoQ10 production in the liver.

*"My blood pressure has remained stable in a good range. It had previously been high. I feel as though I have more energy and I believe overall I feel better. I will continue to use this product." - L. Scheinoha*

## Striction D

### Healthy Blood Sugar Formula

Striction D is a clinically focused blood sugar management supplement that was developed to deliver an all-natural option to people that want to effectively combat diabetes in an inexpensive manner.

The primary active ingredient is the active compound that's found within Ceylon cinnamon. Over and above its ability to combat diabetes - it's also antioxidant-rich and a fantastic daily supplement for promoting a healthy inflammation response in the body. To maximize the benefits of Striction D we added our proprietary formulation of Crominex3+, GlucoHelp, Zinc and Thiamine - all of which when combined give Striction D an unprecedented knock-out punch to unhealthy blood sugar levels.

Ingredients in Striction D support:

- **Healthy Blood Sugar Levels\***
- **Improved Insulin Response\***
- **Healthy Metabolism\***
- **Healthy Cholesterol Levels\***
- **Overall Cardio Health\***

Item#	Description	Retail	Sale	Per Unit	VIP Points
0885-12	12 Bottles	\$344.64	<b>\$224.02</b>	<b>\$18.67 ea</b>	2250
0885-6	6 Bottles	\$206.78	<b>\$134.41</b>	<b>\$22.40 ea</b>	1350
0885-3	3 Bottles	\$114.88	<b>\$74.67</b>	<b>\$24.89 ea</b>	750
0885-1	1 Bottle	\$57.44	<b>\$37.34</b>	<b>\$37.34 ea</b>	380

From  
**\$18.67 ea**

**BEST SELLER**



*"...The product does do exactly what it says it does, at least it does for me. I highly recommend this product." - Karen M. L.*

*"Brought my blood sugar levels down to normal range without medication. Just natural ingredients." - Texas S.T.C.*

# Nattokinase NSP-2™

## Japanese Secret to Better Blood Flow

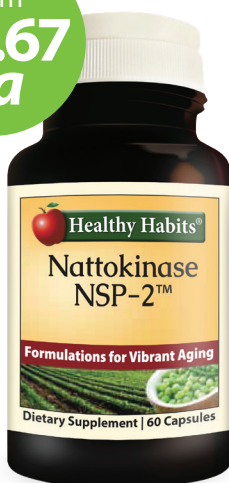
The Japanese have been eating Natto (fermented soybeans) for nearly 1000 years. Natto has long been recognized as one of Japan's most unique traditional health foods. Highly nutritious and rich in protein, it is often eaten with cooked rice. For centuries, Natto has been made using a specialized fermentation process by adding beneficial bacteria, Bacillus Natto to soybeans. Fermentation enhances the nutrition of soybeans and develops a unique flavor and texture.

Natto's natural enzyme, nattokinase was discovered at University of Chicago in 1980. Dr. H. Sumi discovered a high activity of blood clot dissolving enzyme (Nattokinase) in the sticky portion of the Natto. Within the Natto's texture consists a complex of poly-glutamic acid, poly-saccharide and fructan.

Nattokinase has been shown to increase oxygen delivery ability and energy levels, improve memory function, keep blood flowing freely, maintain healthy artery walls and improve overall health. Now the secret is out. You can receive the health benefits that the Japanese have been enjoying for centuries.

Item#	Description	Retail	Sale	Per Unit	VIP Points
5430-12	12 Bottles	\$344.64	<b>\$224.02</b>	<b>\$18.67 ea</b>	<b>2250</b>
5430-6	6 Bottles	\$206.78	<b>\$134.41</b>	<b>\$22.40 ea</b>	<b>1350</b>
5430-3	3 Bottles	\$114.88	<b>\$74.67</b>	<b>\$24.89 ea</b>	<b>750</b>
5430-1	1 Bottle	\$57.44	<b>\$37.34</b>	<b>\$37.34 ea</b>	<b>380</b>

From  
**\$18.67 ea**



**Caution:** Do not take this product if you are also taking warfarin (Coumadin®) or other blood thinning products such as aspirin, or vitamin K antagonistic drugs without first consulting your healthcare professional.

# StemCell Maxum

## Prevent Premature Aging

This can help you feel better and look younger. Your cells lose function as you age. Adult stem cells rejuvenate damaged and old tissues, but adult stem cells are growing older, too. Now you can do something about it.

StemCell Maxum is designed to improve the function of your existing stem cells. When an organ or tissue is damaged, it emits natural signals that new cells are needed to replace old or damaged cells. StemCell Maxum supports the adult stem cells that respond to provide healthy new replacement cells.

Scientific research is constantly finding new anti-aging discoveries. Premature biological aging does not need to be our destiny. People are living longer, healthier lives now. Maintaining younger characteristics throughout a long, healthy life could be a reality for everyone. Unlock your anti-aging potential with StemCell Maxum from Healthy Habits®.

### StemCell Maxum supports:

- **Adult stem cell rejuvenation\***
- **Healthy cardiovascular system\***
- **Healthy blood glucose levels\***
- **Healthy cholesterol levels\***
- **Better learning and focus\***
- **Healthy vision\***
- **Healthy joints\***

Item#	Description	Retail	Sale	Per Unit	VIP Points
1186-12	12 Bottles	\$449.70	<b>\$292.31</b>	<b>\$24.36 ea</b>	<b>2930</b>
1186-6	6 Bottles	\$269.82	<b>\$175.38</b>	<b>\$29.23 ea</b>	<b>1760</b>
1186-3	3 Bottles	\$149.90	<b>\$97.44</b>	<b>\$32.48 ea</b>	<b>980</b>
1186-1	1 Bottle	\$74.95	<b>\$48.72</b>	<b>\$48.72 ea</b>	<b>490</b>

*"Love this StemCell Maxum. It has helped me in so many ways from blood work normal across the board, varicose veins gone in both legs/ankles to the floaties in my eyes gone and improved eye sight..." J. Fain*



From  
**\$24.36 ea**



**Cautions:** Do not use if you are also taking warfarin (Coumadin®) or other blood thinners such as aspirin, or vitamin K antagonistic drugs, without first consulting your healthcare professional.

If you have an autoimmune disease such as multiple sclerosis, lupus, rheumatoid arthritis, etc. you should not use astragalus root.

# Circulation EDTA

## Safe & Effective Blood Vessel Support for Over 30 Years



Circulation EDTA has been a top seller for years. It is a proprietary blend of nutrients & herbs that work to support a healthy circulatory system. Every organ and cell in the body needs oxygen and proper nutrition to function well. Healthy blood flow is vitally important.

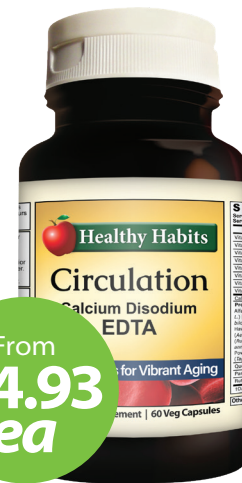
EDTA is considered one of the greatest health breakthroughs due to its ability to safely scrub and flush away arterial plaque, toxic heavy metals, and metabolic debris from the blood vessels.

Malic Acid is the other half of the EDTA dynamic duo! Malic Acid removes toxic metals also. This includes aluminum, known to damage delicate brain cells. Supplement daily with trace minerals such as MINEREX® to prevent mineral depletion.

### Increased Blood Circulation Supports Healthy:

- **Blood Flow**
- **Cardiovascular System**
- **Sexual Function**
- **Brain Function**
- **Hearing & Vision**
- **Energy Levels**

Item#	Description	Retail	Sale	Per Unit	VIP Points
1100-12	12 Bottles	\$275.64	<b>\$179.17</b>	<b>\$14.93 ea</b>	<b>1800</b>
1100-6	6 Bottles	\$165.38	<b>\$107.50</b>	<b>\$17.92 ea</b>	<b>1080</b>
1100-3	3 Bottles	\$91.88	<b>\$59.72</b>	<b>\$19.91 ea</b>	<b>600</b>
1100-1	1 Bottle	\$45.94	<b>\$29.86</b>	<b>\$29.86 ea</b>	<b>300</b>



From  
**\$14.93 ea**

*"This really works. My cold feet are now warm." - Harold A.*

*"Circulation has given the best results of any product we have used from HH. A real game changer!" - Nancy J.*

*"I think this is a wonderful product. I have less pain in my legs and just feel better all over. Thank you for making really great products." - Linda H.*

# MINEREX®

## Fixes Mineral Deficiency & Imbalance

Estimates are that approx. 90% of Americans suffer from a mineral deficiency or imbalance. When consumed in proper ratios, ionic and trace minerals have a profound effect on your overall health and wellness. Unfortunately, they have become increasingly difficult to consume through your diet due to modern farming techniques that have stripped the soil of most of its minerals and nutrients. Because consuming the proper amounts of essential minerals through your diet is very difficult, you must use a high-quality mineral supplement to restore mineral balance within your body for proper cellular function.

### You Won't Find Cheap Metallic Minerals Here

MINEREX® is a complete mineral supplement that combines premium North American plant-based and seabed minerals to provide your body with essential nutrition. Just 2 capsules daily are all it takes to get the full amount of necessary bioavailable trace and ionic minerals. It is easily assimilated, gentle on your system and is designed to deliver results you won't find with cheap metallic colloidal minerals. Supplementing with trace minerals is vital for those taking Circulation w/EDTA.

Item#	Description	Retail	Sale	Per Unit	VIP Points
1044-12	12 Bottles	\$587.70	<b>\$382.01</b>	<b>\$31.83 ea</b>	<b>3830</b>
1044-6	6 Bottles	\$352.62	<b>\$229.20</b>	<b>\$38.20 ea</b>	<b>2300</b>
1044-3	3 Bottles	\$195.90	<b>\$127.34</b>	<b>\$42.45 ea</b>	<b>1280</b>
1044-1	1 Bottle	\$97.95	<b>\$63.67</b>	<b>\$63.67 ea</b>	<b>640</b>

From  
**\$31.83 ea**



*"We have been using Minerex® for more than two years and won't want to be without it." - E. Capps*

*"Minerex is an outstanding trace mineral supplement!"*  
Stephen M.

*I have been feeling very good. The Minerex is a great product.*

*" - Robert O.*

# Price Drop

Quantities are limited.

## Ecklonia Cava

**Better Sleep, Sharper Mind, Healthier Heart**

Ecklonia Cava Extract (ECE) is a standardized, organic complex that comes from a species of sea plants found in the clean ocean near S. Korea. Extensive research has revealed that ECE acts as a powerful antioxidant—providing 12 hours of free radical scavenging (compared to 30 minutes for green tea). Because it is fat-soluble, ECE can cross the blood-brain barrier, therefore its cell protective benefits can penetrate deeply into the fatty tissues of the brain and body where much of the toxicity & damaging free radicals hide. Healthy Habits® combines Ecklonia Cava with L-Carnitine & Grape Seed Extract for optimal effectiveness.

**Ecklonia Cava Extract Supports:**

- Healthy blood glucose levels
- Healthy blood flow and vascular flexibility
- Healthy cardiovascular system
- Healthy brain function
- Healthy relaxation and improved response to stress
- Improved sleep when taken at bedtime
- Healthy histamine response
- Healthy liver function

Item#	Description	Retail	Sale	Per Unit	VIP Points
1027-12	12 Bottles	\$379.50	\$151.80	\$12.65 ea	1520
1027-6	6 Bottles	\$227.70	\$91.08	\$15.18 ea	920
1027-3	3 Bottles	\$126.50	\$50.60	\$15.87 ea	510
1027-1	1 Bottle	\$63.25	\$25.30	\$25.30 ea	260

From  
**\$12.65 ea**



*"I use the Ecklonia Cava to balance my pH level; I had a test done by my chiro to test antioxidants, and my levels were way higher after I started taking this" - S. McGregor*

*"I feel SO much better when I take Ecklonia Cava. It makes me feel clean when the toxins are removed. I can even think clearly. Thank you for this wonderful product!" - Dawn B.*

## Prostate Maxum

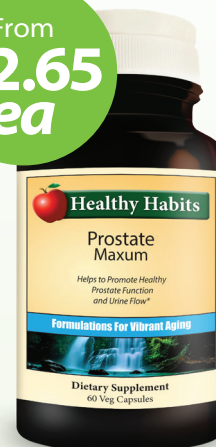
**Support & Protection for a Healthy Prostate**

Prostate Maxum delivers a comprehensive natural formulation of herbs, vitamins, amino acids, beta-sitosterol, mushrooms, & minerals designed to support healthy prostate function, including healthy urinary flow. Also helps support healthy prostate-specific antigen (PSA) levels. Research has shown this combination of ingredients to be safe and effective.

- Decrease Frequent Bathroom Trips
- Improve Urine Flow & Stream
- Reduce Frequent Urges to Urinate

Item#	Description	Retail	Sale	Per Unit	VIP Points
1054-12	12 Bottles	\$379.50	\$151.80	\$12.65 ea	1520
1054-6	6 Bottles	\$227.70	\$91.08	\$15.18 ea	920
1054-3	3 Bottles	\$126.50	\$50.60	\$15.87 ea	510
1054-1	1 Bottle	\$63.25	\$25.30	\$25.30 ea	260

From  
**\$12.65 ea**



*"It's a good product. I don't have to get up as often at night." - Harold A.*

*"I have been taking Prostate Maxum"*

## Probiotic 14+ Super Strains

**For a Strong Foundation to Your Healthy Body**

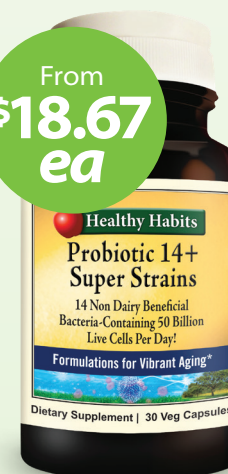
Achieve optimal digestion, mood & immunity. One daily capsule provides your digestive tract with an army of 50 billion live bacteria!

Our previous formula was effective with four essential strains; but our new formula is a powerhouse delivering a premium blend of 14 strains of some of the most health-supporting and shelf-stable species, formulated to give you dependable results. The + represents the high quality 'prebiotic' we added to keep the good bacteria alive. You can count on Healthy Habits® to deliver the potency and effectiveness you depend on.

- Healthy Immunity & Digestion
- Happier Mood & Disposition
- Yeast & Fungus Control
- Reduced Risk of Frailty

Item#	Description	Retail	Sale	Per Unit	VIP Points
1136-12	12 Bottles	\$344.64	\$224.02	\$18.67 ea	2250
1136-6	6 Bottles	\$206.78	\$134.41	\$22.40 ea	1350
1136-3	3 Bottles	\$114.88	\$74.67	\$24.89 ea	750
1136-1	1 Bottle	\$57.44	\$37.34	\$37.34 ea	380

From  
**\$18.67 ea**



*"Probiotic 14+ Super Strains Is The Best Probiotic Product I Have Ever Used. I Want To Order Four More." - Pamela K.*

*"The Product Seems To Be Working And I Notice How It Is Working When I Forget To Take Them" - Linda K.*



